

*City of San Diego Park & Recreation Department  
"We enrich lives through quality parks and programs."  
<http://www.sandiego.gov/park-and-recreation/centers/carmelvalley.shtml>*

**Carmel Valley Community  
Park & Recreation Center**

3777 Townsgate Drive  
San Diego, CA 92130

**[www.cvsd.com](http://www.cvsd.com)**

Open Tennis Court Schedule  
Recreation Council Information

**Recreation Center Office:**

(858) 552-1616

**Carmel Valley Pool:**

(858) 552-1623

**Carmel Valley Tennis:**

(858) 504-4181

# CAMPS SUMMER 2008



**CAMP REGISTRATION BEGINS MAY 3, 2008**

*Numbers will be issued at 7:00am to reserve a place in line.  
See inside front cover for complete details.*

## REGISTRATION INFORMATION

**Please Note:** Businesses that rent facility space from the City of San Diego & the Carmel Valley Recreation Center will be distributing their own registration and program information. **Please contact them directly for REGISTRATION and program inquiries.**

Registration for IN-HOUSE camps (GYM KIDS, MAD SCIENCE, DANCE WITH NANCE & COLLEGE PREP) is taken on a first come, first serve, walk-in basis. **Children under 18 must be registered by their parent/legal guardian.**

**IN-HOUSE CAMP REGISTRATION BEGINS: SATURDAY, MAY 3, 2008 at 9:00AM**

Numbers will be issued at 7:00am to reserve a place in line. One number per family. We can not give you a number for a friend/neighbor.

**Historically, only a few camps fill to capacity on the first day of registration;** register early for best availability. When camps fill to capacity, waiting lists are formed. Many camps are expanded to accommodate additional students. However, to insure program quality for all participants, no exceptions are made regarding class enrollment sizes. **All participants must meet age requirements.**

- ◆ Payment is required at the time of registration.
- ◆ Please pay with **EXACT cash or a check** payable to CVRC.
- ◆ No credit cards.
- ◆ A **\$35 fee** will be charged for all returned checks.
- ◆ Financial assistance is available. Obtain Financial Assistance applications at the Recreation Center office. Last day to submit applications is **2 weeks prior** to the start of each camp requested.
- ◆ Camp fees are not prorated/discounted after the beginning of the scheduled session.

**Resident** - Resides in the City of San Diego, property taxes are paid to the City of San Diego

**Non-Resident** - Resides outside the City of San Diego (Solana Beach, Del Mar, Rancho Santa Fe, Cardiff, etc.)

### IN-HOUSE CAMP REFUND POLICY:

No partial refunds or make ups for missed camp days. Sorry, no exceptions! A **\$20.00** service fee will be charged per registrant for each refund request. An official CVRC Refund Request Form (available at the Recreation Center) and your yellow registration receipt must be submitted a minimum of **7 days prior** to the start of the originally registered camp.

Due to the nature of their business, camp organizations rely on registration numbers in order to plan safe and well supervised camps. If you or your child are unhappy, or your child can not participate after the first day, we cannot refund or transfer you. Thank you for understanding.

If your child has a medical emergency (not regular/routine illness) after registration day and can no longer participate in camp please contact CVRC staff as soon as possible. **A CVRC Refund Request Form** (available at the Recreation Center) **must be submitted prior to the second class meeting.** Refund or credit will be determined on a case by case basis by the Center Director. A doctor's note will be required.

### IN-HOUSE CAMP TRANSFER POLICY:

We understand that your plans may change during the summer. Transfer requests are not encouraged and will be evaluated on a case by case basis. Request must be within the same type of camp and organization, pending space availability. (i.e. Gym Kids Week 1 transfer to Gym Kids Week 5) To insure program quality for all participants, no exceptions are made regarding camp enrollment sizes.

An official CVRC Transfer Request Form (available at the Recreation Center) and your yellow registration receipt must be submitted a minimum of **7 days prior** to the start of the originally registered camp.

### ARRIVAL & DEPARTURE:

It is required that all campers must be signed in and signed out each day by parent/legal guardian or other designated persons. Campers will not be released to anyone else. Picture ID may be required. Prior written parental permission is required for campers who wish to walk/ride bike home. After camp hours, late pickups will be charged \$1.00 per minute, time determined by the supervising counselor. Payment is due immediately upon pick up.

### BEHAVIOR & SAFETY:

Any behavior that staff believes will endanger campers or staff safety will result in a minimum one day suspension from camp (no refund). Continual behavior problems including, but not limited to violent/inappropriate behavior or language, or breaking camp rules may also result in a minimum one day suspension from camp (no refund). Repeat offenses could result in expulsion from camp (no refund). Under any of the above circumstances, parent will be called to pick up the child immediately.

Do not bring additional items to camp, only what is recommended. CVRC/camp staff is not responsible for lost/stolen items. To ensure security of property, label each item and bring everything in one bag.

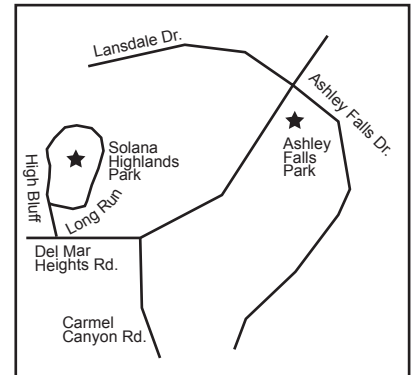
### INDIVIDUALS WITH DISABILITIES:

Many camps can accommodate persons with disabilities. The City of San Diego Therapeutic Recreation Services staff may provide additional support. Please ask for this service a minimum of 3 weeks prior to the start of camp.

## CAMP LOCATIONS:

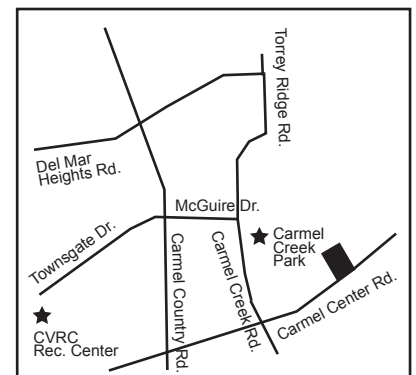
**Ashley Falls Neighborhood Park**  
13030 Ashley Falls Drive

**Solana Highlands Neighborhood Park**  
3520 Long Run Drive



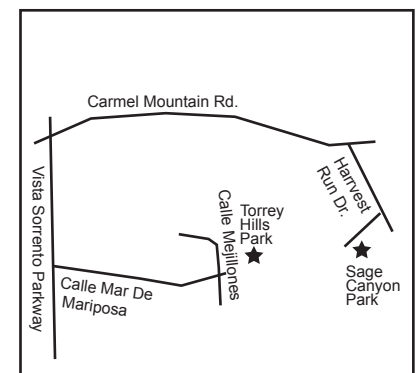
**Carmel Creek Neighborhood Park**  
4260 Carmel Center Road

**Carmel Valley Recreation Center**  
3777 Townsgate Drive



**Sage Canyon Neighborhood Park**  
5252 Harvest Run Drive

**Torrey Hills Neighborhood Park**  
4260 Carmel Center Road



LOCATION		TIME	LOCATION		TIME
<b>Week 1, June 16 - 20</b>			<b>Week 6, July 21 - 25</b>		
Gym Kids	CVRC Gymnasium	9:00am - 3:00pm	Gym Kids	CVRC Gymnasium	9:00am - 3:00pm
Mini Rock n' Cheer	CVRC Amphitheater	9:30am - 12:30pm	Gym Rollers	CVRC Gymnasium	9:00am - 12:00pm
Rock n' Cheer	CVRC Amphitheater	9:30am - 2:30pm	Gym Rollers	CVRC Gymnasium	12:30pm - 3:30pm
Mad Science	CVRC Room #1	8:45am - 11:45am	Mini Rock n' Cheer	CVRC Amphitheater	9:30am - 12:30pm
*Pee Wee Sports	Ashley Falls Park	9:00am - 12:00pm	Rock n' Cheer	CVRC Amphitheater	9:30am - 2:30pm
*Playball	Carmel Creek Park	9:00am - 1:00pm	Mad Science	CVRC Room #1	8:45am - 11:45am
*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm	*Euro Multi Sports	Carmel Creek Park	9:30am - 2:30pm
*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm	*Pee Wee Sports	Ashley Falls Park	9:00am - 12:00pm
<b>Week 2, June 23 - 27</b>			*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm
Gym Kids	CVRC Gymnasium	9:00am - 3:00pm	*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm
Gym Rollers	CVRC Gymnasium	9:00am - 12:00pm	<b>Week 7, July 28 - August 1</b>		
Gym Rollers	CVRC Gymnasium	12:30pm - 3:30pm	Dance Musicals	CVRC Gymnasium	9:00am - 4:00pm
Mad Science	CVRC Room #1	8:45am - 11:45am	Mad Science	CVRC Room #1	8:45am - 11:45am
*Euro Multi Sports	Carmel Creek Park	9:30am - 2:30pm	*GameBreaker LAX	Carmel Creek Park	9:00am - 3:00pm
*Pee Wee Olympics	Ashley Falls Park	9:00am - 12:00pm	*Pee Wee Sports	Ashley Falls Park	9:00am - 12:00pm
*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm	*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm
*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm	*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm
<b>Week 3, June 30 - July 3 NO CAMP ON JULY 4, 2008</b>			<b>Week 8, August 4 - 8</b>		
Gym Kids	CVRC Gymnasium	9:00am - 3:00pm	Dance Musicals	CVRC Room #1	12:00pm - 3:00pm
Gym Rollers	CVRC Gymnasium	9:00am - 12:00pm	*Kid City Basketball	CVRC Gymnasium	9:00am - 3:00pm
Gym Rollers	CVRC Gymnasium	12:30pm - 3:30pm	*Pee Wee Olympics	Ashley Falls Park	9:00am - 12:00pm
Mini Rock n' Cheer	CVRC Amphitheater	9:30am - 12:30pm	*KinderSafari	Solana Highlands Park	9:00am - 1:00pm
Rock n' Cheer	CVRC Amphitheater	9:30am - 2:30pm	*Science Safari	Solana Highlands Park	9:00am - 3:00pm
*Pee Wee Sports	Ashley Falls Park	9:00am - 12:00pm	*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm
*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm	*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm
*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm	<b>Week 9, August 11 - 15</b>		
<b>Week 4, July 7 - 11</b>			Mad Science	CVRC Room #1	8:45am - 11:45am
Gym Kids Boys	CVRC Gymnasium	9:30am - 2:30pm	*Adrenaline LAX	Sage Canyon Park	9:00am - 3:00pm
Mini Girly Girl	CVRC Gymnasium	9:00am - 12:00pm	*Euro Multi-Sports	Carmel Creek Park	9:30am - 2:30pm
Mini Girly Girl	CVRC Gymnasium	12:30pm - 3:30pm	*Kid City Football	Ashley Falls Park	9:00am - 3:00pm
Girly Girl	CVRC Gymnasium	9:00am - 3:00pm	*Pee Wee Sports	Ashley Falls Park	9:00am - 12:00pm
Mad Science	CVRC Room #1	8:45am - 11:45am	*MSP Jr. Basketball	CVRC Gymnasium	9:00am - 12:00pm
*Pee Wee Sports	Ashley Falls Park	9:00am - 12:00pm	*MSP Volleyball	CVRC Gymnasium	9:00am - 12:00pm
*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm	*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm
*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm	*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm
<b>Week 5, July 14 - 18</b>			<b>Week 10, August 18 - 22</b>		
Gym Kids	CVRC Gymnasium	9:00am - 3:00pm	Mad Science	CVRC Room 1	8:45am - 11:45am
Gym Rollers	CVRC Gymnasium	9:00am - 12:00pm	*Adrenaline LAX	Sage Canyon Park	9:00am - 3:00pm
Gym Rollers	CVRC Gymnasium	12:30pm - 3:30pm	*Pee Wee Sports	Ashley Falls Park	9:00am - 12:00pm
Mad Science	CVRC Room #1	8:45am - 11:45am	*KinderSafari	Solana Highlands Park	9:00am - 1:00pm
*GameBreaker LAX	Carmel Creek Park	9:00am - 3:00pm	*Science Safari	Solana Highlands Park	9:00am - 3:00pm
*Pee Wee Olympics	Ashley Falls Park	9:00am - 12:00pm	*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm
*Tennis - Beg/Int	CVRC Tennis Courts	9:00am - 12:00pm	*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm
*Tennis - Int/Adv	CVRC Tennis Courts	12:30pm - 3:30pm			

## PLEASE NOTE THE FOLLOWING IMPORTANT CAMP INFORMATION:

### IN-HOUSE CAMPS:

Register for IN-HOUSE camps at the Recreation Center.

**IN-HOUSE CAMPS:** Gym Kids, Mad Science, Dance with Nance and College Prep Seminars

### \*RENTAL CAMPS:

The following businesses rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual business.

Please contact them directly for registration and all other program inquires.

**RENTAL CAMPS:** Adrenaline Lacrosse, Malcom Tovey, Kid City, Camp Science Safari, Master Sports, Playball, Gamebreaker Lacrosse, and Carmel Valley Tennis

## GYM KIDS CAMPS

### About Gym Kids Camps...

Campers feel good about themselves as our non-competitive curriculum enhances the spirit of "I CAN DO IT" in each child. Whether learning gymnastics or cheer, it's the process that is the focus, not the product. Our highly trained staff teaches with care using goal-setting, progressions, and positive encouragement. TEAM SPIRIT is encouraged as we incorporate exciting themes into our fun lessons. **Camp Themes include Luau, Go for the Gold, Rock & Roll, Fiesta and more!**

### GYM ROLLERS CAMP

Low ratios make this an ideal first experience for the young camper. Children learn gymnastics skills on vault, bars, balance beam, floor, airtrack and trampoline. Fun daily themes are used to incorporate snack, arts & crafts, parachute games, dance and bubble play!

**Days:** Monday - Friday  
**Time:** 9:00am - 12:00pm or 12:30 - 3:30pm  
**Dates:** **Week 2, June 23 - 27**  
**Week 3, June 30 - July 3**  
**Week 5, July 14 - 18**  
**Week 6, July 21 - 25**

**Ages:** 3 - 6 years

**Location:** CVRC Gymnasium

**Fee:** \$170 Resident / \$180 Non-Resident  
*Week 3: \$136 Resident / \$146 Non-Resident*

**Bring:** Wear athletic attire with long hair tied back and shoes camper can put on and take off with ease.

**Provided:** Daily nutritious snack & cold drinks.  
Talent Showcase and Awards Friday at 11:45am/3:15pm.

**Staff to Camper Ratio:** 1:6



### GYM KIDS CAMP

Our ever popular Gym Kids Camp is for boys and girls who want a day full of activity and fun! Campers learn a variety of gymnastic skills for the novice through intermediate gymnast. Our fantastic staff works with small groups on vault, bars, balance beam, floor, air track and trampoline. Additional time is allocated for the gymnasts to work on their favorite skills! Special themes will be used to incorporate arts & crafts, games, sports and agility. Groups will also go on a 'field trip' to the neighboring CVRC pool!

**Days:** Monday - Friday  
**Time:** 9:00am - 3:00pm  
**Dates:** **Week 1, June 16 - 20**  
**Week 2, June 23 - 27**  
**Week 3, June 30 - July 3**  
**Week 5, July 14 - 18**  
**Week 6, July 21 - 25**

**Ages:** 6 - 12 years

**Location:** CVRC Gymnasium

**Fee:** \$240 Resident / \$250 Non-Resident  
*Week 3: \$192 Resident / \$202 Non-Resident*

**Bring:** Wear athletic attire with long hair tied back, and sack lunch.

**Provided:** Daily nutritious snack & cold drinks.  
Talent Showcase Friday at 2:30pm.

**Staff to Camper Ratio:** 1:7



### BOYS ONLY: ROUGH 'N TUMBLE

Get ready for some Rough 'n Tumble with this great indoor and outdoor camp. Gain fitness, strength and agility by learning the sport of all sports: GYMNASTICS! Hurdles, parachute trainers, soccer, football and baseball skill training apparatus are used to develop speed and agility outdoors. In the gym, boys will jump on the trampolines, climb the inflatable air mountain, swing on the bars and tumble down the air trak. Learn a front handspring throw in for the soccer field or a round off back handspring after scoring a GOOOOOAAAAAAL!

**Days:** Monday - Friday  
**Time:** 9:30am - 2:30pm  
**Dates:** **Week 4, July 7 - 11**  
**Ages:** 6 - 12 years  
**Location:** CVRC Field and Gymnasium  
**Fee:** \$220 Resident / \$230 Non-Resident  
**Bring:** Wear athletic attire and sack lunch.  
**Provided:** Daily nutritious snack & cold drinks.  
Talent Showcase Friday at 2:15pm.  
**Staff to Camper Ratio:** 1:7



### MINI ROCK 'N' CHEER CAMP

A great camp for the young cheerleader. Our cheer staff will provide the campers with a great introduction to all of the fun involved with cheerleading. Our young campers learn arm positions, cheers, jumps, dance and tumbling. Cheer related crafts and snacks are also incorporated into our SPIRIT WEEK theme as we invite cheer parents to our spirit rally at the end of the week!

**Days:** Monday - Friday  
**Time:** 9:30am - 12:30pm  
**Dates:** **Week 1, June 16 - 20**  
**Week 3, June 30 - July 3**  
**Week 6, July 21 - 25**

**Ages:** 4 - 6 years

**Location:** CVRC Outdoor Amphitheater

**Fee:** \$165 Resident / \$175 Non-Resident  
*Week 3: \$132 Resident / \$142 Non-Resident*

**Bring:** Wear athletic attire with long hair tied back, tennis shoes, apply sunblock before camp daily.

**Provided:** Daily nutritious snack & cold drinks.  
Spirit Rally Friday at 12:15pm.

**Staff to Camper Ratio:** 1:8



### ROCK 'N' CHEER CAMP

Calling all Cheerleaders! Our cheer camp incorporates great stations for the cheerleader in the making. Daily fun includes cheer routines, chants, jumps, dance and tumbling on the Gym-Kids gymnastics equipment in the gymnasium. We'll even cool off at the pool! Campers will prepare for a Spirit Rally complete with Spirit Awards at our Camp Talent Show!

**Days:** Monday - Friday  
**Time:** 9:30am - 2:30pm  
**Dates:** **Week 1, June 16 - 20**  
**Week 3, June 30 - July 3**  
**Week 6, July 21 - 25**

**Ages:** 7 - 12 years

**Location:** CVRC Outdoor Amphitheater

**Fee:** \$195 Resident / \$205 Non-Resident  
*Week 3: \$156 Resident or \$166 Non-Resident*

**Bring:** Wear athletic attire with long hair tied back, tennis shoes and sack lunch.

**Provided:** Daily nutritious snack & cold drinks.  
Spirit Rally Friday at 2:15pm.

**Staff to Camper Ratio:** 1:10





Kid City Camps rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual business. Please contact them directly for registration and all other program inquiries.

## MINI GIRLY GIRL CAMP

Girl Power! Our all girl camp lets your little gymnast practice all her skills while participating in girly activities from lip gloss making to being a princess!

**Days:** Monday - Friday  
**Time:** 9:00am - 12:00pm or 12:30 - 3:30pm  
**Dates:** **Week 4, July 7 - 11**  
**Ages:** 3 - 6 years  
**Location:** CVRC Gymnasium  
**Fee:** \$170 Resident / \$180 Non-Resident  
**Bring:** Wear athletic attire with long hair tied back and shoes camper can put on and take off with ease.  
**Provided:** Daily nutritious snack & cold drinks.  
Talent Showcase and Awards Friday at 11:45am/3:15pm.  
**Staff to Camper Ratio:** 1:7

## GIRLY GIRL CAMP

Girl Power! Our all girl camp lets your gymnast practice all her skills while participating in girly activities from lip gloss making to being a princess!

**Days:** Monday - Friday  
**Time:** 9:00am - 3:00pm  
**Dates:** **Week 4, July 7 - 11**  
**Ages:** 6 - 12 years  
**Location:** CVRC Gymnasium  
**Fee:** \$240 Resident / \$250 Non-Resident  
**Bring:** Wear athletic attire with long hair tied back and shoes camper can put on and take off with ease.  
**Provided:** Daily nutritious snack & cold drinks.  
Talent Showcase and Awards Friday at 11:45am/3:15pm.  
**Staff to Camper Ratio:** 1:8

For more camp information contact Mary at (858) 487-7799.  
Email: [info@gymkidsfun.com](mailto:info@gymkidsfun.com)  
Internet: [www.rockntumble.com/gclass.htm](http://www.rockntumble.com/gclass.htm)

## DANCE WITH NANCE

### CHILDREN'S DANCE MUSICALS

All Dance With Nance camps include a combination of jazz, modern, hip/hop, ballet, and creative dance routines to fun musicals with costumes, karaoke, acting, props, mics and filming that allows the children to see themselves on camera while learning how to act! We also offer a daily art project and parent review at the last class.

**Days:** Monday - Friday  
**Session:** **Ages 5 - 8:** Week 7, July 28 - August 1, 9:00am - 12:00pm  
- "Little Mermaid", Beginner level  
Fee: \$165 Resident / \$175 Non-Resident  
**Ages 6 - 9:** Week 7, July 28 - August 1, 1:00 - 4:00pm  
- "Aladdin", Beginner level  
Fee: \$165 Resident / \$175 Non-Resident  
**Ages 6 - 9:** Week 7, July 28 - August 1, 9:00am - 4:00pm  
- "Little Mermaid" & "Aladdin", Beginner level  
Fee: \$295 Resident / \$305 Non-Resident  
**Ages 9 - 12:** Week 8, August 4 - 8, 12:00pm - 3:00pm  
- "Fame" & "Jazz'n", Intermediate level  
Fee: \$165 Resident / \$175 Non-Resident  
**Location:** July 28 - August 1, CVRC Gymnasium  
August 4 - 8, CVRC Room #1  
**Bring:** Ballet/Jazz shoes and dance attire.  
**Provided:** Daily nutritious snack & water.  
**Staff to Camper Ratio:** 1:12

For more information contact Nancy Holden at (760) 815-0620.  
Internet: [www.dancewithnance.com](http://www.dancewithnance.com)

## KID CITY CAMPS

### About Kid City Camps...

Thursday is always Water Day. Friday pizza party and awards! Wear comfortable clothes and athletic shoes. Apply sunblock daily before camp. A snack and beverage are provided daily along with water throughout the day. Campers are grouped according to age and experience. Staff to camper ratio is 1:10 (Pee Wee Camps) and 1:12 (7-14 Years)

### PEE WEE SPORTS CAMP

Children will learn the fundamentals of soccer, football, field hockey, basketball and T-Ball. The goal is fun and growth through "Live-Game" play. Activities are designed to improve coordination, strength and motor skills.

**Time:** 9:00am - 12:00pm  
**Dates:** **Week 1, June 16 - 20** **Week 6, July 21 - 25**  
**Week 3, June 30 - July 3** **Week 7, July 28 - August 1**  
**Week 4, July 7 - 11** **Week 9, August 11 - 15**  
**Ages:** 3 - 8 years **Week 10, August 18 - 22**  
**Location:** Ashley Falls Neighborhood Park  
**Fee:** \$130 (Week 3: \$104 - No camp July 4)

### FLAG-FOOTBALL CAMP

An instructional camp where children will learn the progressive fundamentals of catching, throwing, passing, and play schemes. Skills emphasized will include 1st-4th Down simulations, the technique of grabbing the flag and the importance of safety. Every participant will get to use their own ball to ensure consistent participation.

**Time:** 9:00am - 3:00pm  
**Dates:** **Week 9, August 11 - 15**  
**Ages:** 7 - 14 years  
**Location:** Ashley Falls Neighborhood Park  
**Fee:** \$150

### PEE WEE OLYMPICS CAMP

An instructional camp where children will learn the fundamentals of track and field, soccer, field hockey, basketball, t-ball, and football plus relay races and obstacle courses. Fun daily activities are designed to improve coordination, strength and motor skills.

**Time:** 9:00am - 12:00pm  
**Dates:** **Week 2, June 23 - 27**  
**Week 5, July 14 - 18**  
**Week 8, August 4 - 8**  
**Ages:** 3 - 8 years  
**Location:** Ashley Falls Neighborhood Park  
**Fee:** \$130

### BASKETBALL CAMP

An instructional camp where children will learn the fundamentals of shooting, passing, and dribbling while incorporating "Live-Game" play. Skills emphasized are plays, fastbreaks, and a general emphasis on offense and defense. Every participant will get to use their own ball to ensure consistent participation.

**Time:** 9:00am - 3:00pm  
**Dates:** **Week 8, August 4 - 8**  
**Ages:** 7 - 14 years  
**Location:** CVRC Gymnasium  
**Fee:** \$150

To register for Kid City camps download a MAIL-IN REGISTRATION form at [www.peeweessports.net](http://www.peeweessports.net)  
Contact: Mark Moncey  
Phone: (858) 344-2557  
Email: [director@peeweessports.net](mailto:director@peeweessports.net)

## MAD SCIENCE CAMPS

### About Mad Science Camps...

All Mad Science Camps meet from 8:45am - 11:45am, Monday - Friday in CVRC Room #1. Bring water, snack, sunblock and wear comfortable clothes.

### MAD SCIENCE ALL-STARS

Learn about famous scientists and inventors who were all-stars in their field of expertise. Together with your teammates you will build super structures, create a volcanic eruption and examine rocks formed from volcanic magma. Soar high above as you build a kit and glider and experiment with lift, aerodynamics and air pressure.

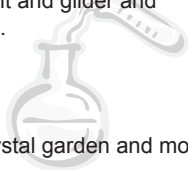
**Dates:** Week 2, June 23 - 27

**Ages:** 5 - 10 years

**Fee:** \$135 Resident / \$145 Non-Resident

**Provided:** Magnetic soccer game, rocket racer, crystal garden and more!

**Staff to Camper Ratio:** 1:10



### NASA SPACE ACADEMY

This is your chance to be a rocket scientist! Explore the science involved in rocket construction as you build and launch your own rocket. Use teamwork to complete an important space mission and build a model space station. Explore the farthest reaches of our solar system and create a lunar eclipse in our planetary tour.

**Dates:** Week 6, July 23 - 27

**Ages:** 6 - 11 years

**Fee:** \$155 Resident / \$165 Non-Resident

**Provided:** Skyblazer II rocket, Shuttle Copter and much more!

**Staff to Camper Ratio:** 1:10



### ROBOTS AND REACTIONS

Discover the incredible things that robots can do. Experiment with robotic arms and infrared robots. Work with simple machines that can lift objects and launch them into the air. Learn the basics of chemistry and be amazed by radical reactions.

**Dates:** Week 4, July 7 - 11

**Ages:** 8 - 12 years

**Fee:** \$155 Resident / \$165 Non-Resident

**Provided:** Robot, super ball, catapult, rocket racer and more.

**Staff to Camper Ratio:** 1:10



### MY FIRST LAB

Become a junior Mad Scientist! Pre-schoolers explore their senses and use a magnifying glass to discover a world of creepy, crawly creatures. Search for fossils and enjoy a mini dinosaur dig. Take an exciting mission to explore planets, moons and stars!

**Dates:** Week 5, July 14 - 18

Week 10, August 18 - 22

**Ages:** 4 - 5 years

**Fee:** \$135 Resident / \$145 Non-Resident

**Provided:** Rainbow catcher, bug box, T-Rex tooth model and more!

**Staff to Camper Ratio:** 1:8

**PRE-K  
PROGRAM!**

### JUNIOR DETECTIVE

Become a Mad Science Junior Detective and take a fascinating journey into the world of detection, forensics and classified information! Learn code language to send secret messages as part of your mission. Join the Mad Science Bureau of Investigation and sniff out forgeries and counterfeits. Follow Sherlock's footsteps to learn what tracks and trails can teach us.

**Dates:** Week 7, July 28 - August 1

**Ages:** 7 - 12 years

**Fee:** \$135 Resident / \$145 Non-Resident

**Provided:** Detective kit, secret decoder, fingerprint kit and more!

**Staff to Camper Ratio:** 1:10



### BACKYARD EXPLORERS

Put on your safari hat and take a walk on the wild side! You'll get up close with creepy, crawling creatures and build a bug house for your own backyard. Get your hands dirty as we explore how to track down an animal and learn about how it lives.

**Dates:** Week 1, June 16 - 20

Week 9, August 11 - 15

**Ages:** 5 - 10 years

**Fee:** \$135 Resident / \$145 Non-Resident

**Provided:** Bug house, animal track, solar cooker and more!

**Staff to Camper Ratio:** 1:10



For more camp information contact Mad Science.

Phone: (858) 505-4880

Internet: [www.madscience.org/sandiego](http://www.madscience.org/sandiego)

## COLLEGE ADMISSION PREP

### COLLEGE ADMISSION PREP SEMINAR

Get a head start on the college admission process. Informative five (5) hour seminar to teach the critical tools of essay and resume writing, organization, the application process, the UC and common application as well as many other facets of college admissions presented by an independent college advisor. Three sessions available.

**Session 1: Monday, June 16**

OR

**Session 2: Monday, July 7**

OR

**Session 3: Monday, August 11**

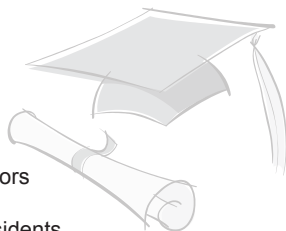
**Time:** 12:00pm - 5:00pm

**Ages:** High School Juniors and Seniors

**Location:** CVRC Room #2

**Fee:** \$195 residents/\$215 Non-Residents

**Bring:** Paper and pencil



For more information please contact Victoria Bennett M.Ed.

Phone: (858) 259 - 8006

Email: [vbennett2@san.rr.com](mailto:vbennett2@san.rr.com)

## CARMEL VALLEY TENNIS

### CARMEL VALLEY TENNIS CAMP

We offer two levels of summer camps for kids beginning the week of June 16 and ending the week of August 18. In the Beginner/Intermediate level, campers work on developing a forehand and backhand ground stroke, racquet control skills, and improving cardio fitness. In the Intermediate/Advanced level, campers will be refining their basic tennis skills, ground strokes and volleys, with an introduction to refining the serve. Each week ends with HIT FOR PRIZES and a pizza party!

**Days:** Monday - Friday

**Time:** Beginner/Intermediate 9:00am - 12:00pm

Intermediate/Advanced 12:30 - 3:30pm

**Ages:** 6 - 16 years

**Location:** CVRC Tennis Courts

**Fee:** \$150 residents/\$170 Non-residents

Session 3: \$120 residents/\$140 Non-residents (No camp July 4)

**Bring:** Racquet, sun screen and a sports drink or water.

**Provided:** Daily snack



To register for Tennis camp contact Carmel Valley Tennis.

Phone: (858) 504 - 4181

Internet: [www.carmelvalleytennis.net](http://www.carmelvalleytennis.net)

The businesses listed on this page rent facility space from the City of San Diego and the Carmel Valley Recreation Center to operate their programs. Distributing registration and program information is the responsibility of each individual business. Please contact them directly for registration and all other program inquiries.

## GAMEBREAKER LACROSSE

### GAMEBREAKER LACROSSE CAMP

Our goal at GameBreaker Lacrosse Camps is to help you keep improving, no matter what your ability level, through great coaching and healthy competition. Camp curriculum includes shooting, ground balls, defense, fast breaks, dodging, stick skills, triangle offense, clears/rides, face-off and wing play and much more! All ability levels are welcome. This year each camper receives a 15 minute private lesson at camp!

**Days:** Monday - Thursday  
**Time:** 9:00am - 3:00pm  
**Dates:** **Week 5, July 14 - 18 (Boys Only)**  
**Week 7, July 28 - 31 (Girls Only)**  
**Ages:** 8 - 18 years  
**Location:** Carmel Creek Neighborhood Park  
**Fee:** \$335  
**Bring:** Lunch, lacrosse stick, gloves & pads (boys), helmet (boys), mouthpiece, eye protection (girls), cleats (sneakers ok)

Register online for Gamebreaker Lacrosse camps at  
[www.laxcamps.com](http://www.laxcamps.com)  
Phone: (800) 944-7112

## MASTER SPORTS CAMPS

### About Master Sports Camps...

All Master Sports camps meet Monday through Friday, in the CVRC Gymnasium. Please wear athletic shoes with non-marking soles. Bring sack lunch, water, hat and sunblock. A camp t-shirt and Official Master Sports Basketball are provided. Staff to camper ratio is 1:10.

### VOLLEYBALLCAMP

Passing, serving, setting, attacking, blocking, digging, rotation, rules and sportsmanship will all be covered in this fun camp. Participants will practice fundamentals through a variety of drills where critiqued by our instructors. All participants receive an Official Master Sports Sportpack and Water Bottle!

**Dates:** **Week 9, August 11 - 15**  
**Time:** 9:00am - 12:00pm  
**Ages:** 9 - 13 years  
**Fee:** \$130



### JR. BASKETBALL CAMP

Our fun-filled Jr. Basketball Camp teaches the basics of the game through fun and unique drills. Our focus is on improving your fundamentals by teaching you new skills and then refining them using different drills and games. Camp is divided into age appropriate groups.

**Dates:** **Week 9, August 11 - 15**  
**Time:** 9:00am - 12:00pm  
**Ages:** 4 - 6 years  
**Fee:** \$130

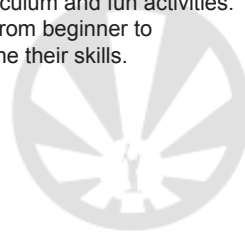
Register online for Master Sports camps at  
[www.MASTERyourSPORTS.com](http://www.MASTERyourSPORTS.com)  
For more camp information contact Dan at (858) 518-1315.  
Email: [info@MASTERyourSPORTS.com](mailto:info@MASTERyourSPORTS.com)

## ADRENALINE LACROSSE

### SUMMER DAY CAMP

Adrenaline Lacrosse proudly offers a high quality camp experience marked by the highest level of qualified coaches (College Coaches, Professional Players, NCAA All-Americans), well-planned curriculum and fun activities. It is the ideal environment for players that range from beginner to intermediate/advanced to learn the game and hone their skills.

**Days:** Monday - Thursday  
**Time:** 9:00am - 3:00pm  
**Dates:** **Week 9, August 11 - 14**  
**Ages:** Boys & Girls, Grades 1 - 12  
**Location:** Sage Canyon Neighborhood Park  
**Fee:** \$295  
**Bring:** Lacrosse protective gear, water, mouthguard, cleats, athletic clothes, sunblock & lunch. (Reversible jersey is provided.)



### SUMMER GOALIE SCHOOL

The Adrenaline Goalie School was founded by goaltenders with over 21 years of playing and coaching experience. NCAA All-American & professional players for coaches, meticulous program design, film analysis of technique, team defensive concepts, save techniques, clearing techniques and leadership training. Participants receive free admission to the Day Camp Program!

**Days:** Wednesday - Friday  
**Time:** 9:00am - 3:00pm  
**Dates:** **Week 10, August 20- 22**  
**Ages:** Boys & Girls, Grades 1 - 12  
**Location:** Sage Canyon Neighborhood Park  
**Fee:** \$350  
**Bring:** Lacrosse protective gear, water, mouthguard, cleats, athletic clothes, sunblock & lunch. (Reversible jersey is provided.)



Register online for Adrenaline Lacrosse programs at  
[www.adrenalinelacrosse.com](http://www.adrenalinelacrosse.com)  
Email: [info@adrenalinelacrosse.com](mailto:info@adrenalinelacrosse.com)  
Phone: (858) 405 - 2435

## PLAYBALL

### CAMPPLAYBALL



At CampPlayball children learn the basics for sports such as baseball, basketball, hockey, soccer and more. Through sports, campers practice persistence, courage, cooperation, respect, self worth and communication while having oodles of fun. The camp environment is loving with an emphasis on creativity and imagination. Crafts, games and daily prizes are all a part of this exciting camp.

**Dates:** **Week 1, June 16 - 20**  
**Time:** 9:00am - 1:00pm  
**Ages:** 3 - 9 years (Potty trained only)  
**Location:** Carmel Creek Neighborhood Park  
**Fee:** \$169  
**Bring:** Lunch & snacks (peanut free meals), sunscreen, hat, full change of clothes and closed toe shoes.

**Staff to Camper Ratio:** 1:8 (3-4 years), 1:12 (5-9 years)



To register for CAMPPLAYBALL visit [www.campplayball.com](http://www.campplayball.com)  
Phone: (888) 323 - 8671  
Email: [info@campplayball.com](mailto:info@campplayball.com)



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## CAMP SCIENCE SAFARI

### CAMP KINDER SAFARI

Camp involves your choice of science curriculum, daily sports lessons, arts & crafts, water activities, "game zone" arcade time and more! Every Friday finishes with a family "Safari Carnival"...games, crafts, jumpies, food and fun for the entire family!

**Days/Time:** 9:00am - 1:00pm (Monday - Thursday)

9:00am - 5:00pm (Friday)

**Dates:** **Week 8, August 4 - 8**

- *Dynamic Dinosaurs OR Pirate Treasure*

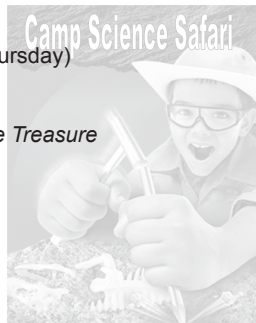
**Week 10, August 18 - 22**

- *Animal Encounters*

**Ages:** 4 - 5 years

**Fee:** \$205

**Staff to Camper Ratio:** 1:6



### CAMP SCIENCE SAFARI

Camp involves your choice of science curriculum, daily sports lessons, arts & crafts, water activities, "game zone" arcade time and more! Every Friday finishes with a family "Safari Carnival"...games, crafts, jumpies, food and fun for the entire family!

**Days/Time:** 9:00am - 3:00pm (Monday - Thursday)

9:00am - 5:00pm (Friday)

**Dates:** **Week 8, August 4 - 8**

- *Dynamic Dinosaurs OR Pirate Treasure OR*

*Colossal Contraptions*

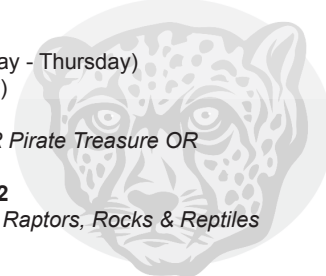
**Week 10, August 18 - 22**

- *Animal Encounters OR Raptors, Rocks & Reptiles*

**Ages:** 6 - 11 years

**Fee:** \$245

**Staff to Camper Ratio:** 1:7



#### **Animal Encounters (Animal Science/Conservation/Preservation)**

From an armadillo to a cheetah campers will get up close and personal with amazing wildlife. A daily animal presentation by Wild Wonders®.

#### **Raptors, Rocks & Reptiles (Paleontology/Geology/Animal Science)**

Unearth replica raptor claws, dinosaur skeletons, and a real meteorite, then wrap up the week with a live reptile show by Wild Wonders®.

#### **Dynamic Dinosaurs (Paleontology)**

Campers spend the week as paleontologists while unearthing replica dinosaur skeletons from individual ten-pound excavation digs!

#### **Pirate Treasure Excavation (Marine Archaeology)**

Grab your chisels and hammers! You'll search for buried treasure in your own glacier-rock excavation dig. Find gold, jewels, and more!

#### **Colossal Contraptions (Engineering/Structural Design/Invention)**

Campers build and race their own KNEX® motorized race car! Wrap up the week working with an amazing lineup of BIONICLE® building sets.

#### **FOR ALL SCIENCE SAFARI CAMPS:**

**Location:** Solana Highlands Neighborhood Park

**Bring:** Wear bathing suit under comfortable clothing, backpack with towel and lunch daily, apply sunblock before camp.

**Provided:** Daily cold drinks, take home projects, "Safari Carnival" for entire family every Friday and camp gift bag!

To register for Camp Science Safari contact Laurie Gannon.

Phone: (858) 472-9060

Internet: [www.campsciencesafari.com](http://www.campsciencesafari.com)

## MALCOLM TOVEY

### EURO MULTI-SPORTS CAMP

Malcolm Tovey, former European soccer player and coach, invites you to experience this challenging and fun filled camp! Campers will participate in a variety of unique sports and activities including soccer, speedminton, cricket, team handball, track and field, basketball, field hockey, baseball, capture the flag and more. Rules of the game and individual skill development are taught through small games and drills in a fun filled, positive environment.

**Days:** Monday - Friday

**Time:** 9:30am - 2:30pm

**Dates:** **Week 2, June 23 - 27**

**Week 6, July 21 - 25**

**Week 9, August 11 - 15**

**Ages:** 5 - 14 years

**Location:** Carmel Creek Neighborhood Park

**Fee:** \$135

**Bring:** Soccer & training shoes, shin guards, layered athletic clothes, sunscreen, lunch, snacks and water.

**Staff to Camper Ratio:** 1:10



To register for Euro Multi-Sports camp contact Malcolm Tovey.

Phone: (858) 759-1241

Email: [Malcolmtovey@mac.com](mailto:Malcolmtovey@mac.com)

Internet: [www.toveysports.com](http://www.toveysports.com)

## Make a *SPLASH* this Summer with Swimming Lessons!

For information about swimming lessons at the  
Carmel Valley Community Park Pool  
call (858) 552-1623 or log on to  
[www.cvsd.com](http://www.cvsd.com) and click on "Pool".

## Have fun at camp, but don't forget about our Summer Classes!

Brochure Available: Week of June 2, 2008

Date subject to change without notification.